



Randolph School District
110 Meadowood Drive
Randolph, WI 53956
(920) 326-2427
www.rsdwi.org

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RANDOLPH ROCKET

March 2022

**An on-line version of this newsletter is available on the RSD website with clickable links:*

Visit www.rsdwi.org and click "Community" then click "Monthly Newsletters"

OR visit:

<https://bit.ly/RSDnewsletter>

IMPORTANT DATES:

March 8:

ACT Testing for Juniors

March 15:

4th Grade NAEP Testing

March 16:

Local Scholarships Due

March 18:

End of 3rd Quarter

March 21 - March 25:

NO SCHOOL - Spring Break

March 28 - 29:

High School Forward Testing

April 29:

School **will** be held for students & staff
(COVID/Inclement Weather Make-Up)

RANDOLPH BOARD OF EDUCATION

KEITH MEDEMA, PRESIDENT
GARY DEVRIES, VICE PRESIDENT
WAYNE VANDERPLOEG, TREASURER
BARB BRAKER, CLERK
MIKE BIEL, MEMBER
ALLEN DREWS, MEMBER
KEITH GUNDLACH, MEMBER

DISTRICT ADMINISTRATOR:
TY BREITLOW

SCHOOL BOARD COMMITTEE MEETINGS ARE TYPICALLY HELD ON THE SECOND MONDAY OF EACH MONTH BEGINNING AT 5:00 P.M. IN CONFERENCE ROOM 208.

REGULAR SCHOOL BOARD MEETINGS ARE TYPICALLY HELD ON THE THIRD MONDAY OF EACH MONTH AT 6:30 P.M. IN THE MIDDLE/HIGH SCHOOL LIBRARY.

AGENDAS FOR THESE MEETINGS ARE POSTED AT THE RANDOLPH VILLAGE HALL, RANDOLPH HOMETOWN PHARMACY, NATIONAL EXCHANGE BANK OF RANDOLPH AND THE VESTIBULE OF THE RANDOLPH SCHOOL DISTRICT OFFICE.

NOTICE OF ELECTION OF SCHOOL BOARD MEMBERS

(S. 120.06(8)(c), Wis. Stats.)

Notice is hereby given to the qualified electors of the Randolph School District that on Tuesday, April 5, 2022, an election of school board members will be held. Candidates for the school board are as follows:

Vote for not more than two:

Lindsay Vree
Mike Biel
Wayne Vanderploeg
Steve Rodriguez

Electors will vote in their regular polling places:

- Village of Randolph (East & West Wards) Randolph Municipal Building, 248 West Stroud Street, Randolph
 - Township of Fox Lake Fox Lake Town Hall, W10543 County Highway F, Fox Lake
- Township of Westford Westford Town Hall, W11101 County Highway G, Beaver Dam
 - Township of Calamus Calamus Town Hall, W9820 County Highway D, Beaver Dam
 - Township of Randolph Randolph Town Hall, 109 South Madison St., Friesland
- Township of Courtland Courtland Town Hall, W1999 County Highway A, Randolph
- Township of Fountain Prairie Fountain Prairie Town Hall, W1514 County Highway Z, Fall River

Polls will be open at 7 o'clock a.m. and close at 8 o'clock p.m.

Middle School / High School News

-Mr. Andy Kohn, Middle School / High School Principal

Dear Rocket Families,

It's officially testing season and as your child prepares for the challenge, there are a couple things to keep in mind. A good night's rest goes a long way. Please help to ensure your child gets a good night's rest and a healthy breakfast, so they are sharp and ready to go in the morning.



Teachers and students have been working hard at preparing for their tests through the use of USA Test Prep. This is new this year and has helped in identifying areas of study that may need more attention as testing day approaches.

The end of the 3rd Quarter is March 18th, with Spring Break to follow.

Thank you for your support!

Go Rockets!!

Andy Kohn

Elementary School News

-Ms. Christy Fay, Elementary Principal

Greetings Randolph Elementary Families-

While students are still enjoying the brisk winter weather, we are in the process of planning summer programs. Enrichment classes for Randolph students entering grades K-8 will take place June 6 through June 13 from 8:00 a.m.-12:00 p.m. Please mark your calendars for those dates as well as August 1 through August 12 from 8:00 a.m.-11:30 a.m. for Jumpstart Reading and Math for students entering grades 4K-8. Online registration will open in April.



Additionally, March 15 is the make-up date for fourth grade NAEP testing. During the month of April the window for Forward Testing opens for grades 3-8 and 10. Please contact your child's teacher or me if you have any questions about either of these two tests.

If you have not already done so, please mark your calendar for our first "annual" talent show on March 3 at 2:00 p.m. and 6:30 p.m. on the stage in the cafeteria. Students were given the opportunity to sign up and perform in front of an audience of peers and families. We are excited for this event.

As always, I appreciate your partnership in educating our students. Let me know if you have questions or concerns along the way.

Take Care,

Christy Fay
Elementary Principal

February PBIS Characteristic: Self-Discipline

Each month, the RSD Elementary teachers recognize students who portray a specific positive characteristic which coordinates with the guidance curriculum. Then, every Friday an announcement is made recognizing these students along with a staff member who has been nominated by their peers.

The characteristic for the month of February was "Self-Discipline" and awards went to:

Kindergarten: Leo Plahuta, Zoey Zimmerman, Willow Hartl, Lennox Jesko, Levi Minnig

1st Grade: Anna Yurowoski, Jaylah Rodriguez, Gabe Koester, Kieva Quade, Ryan Grahn, Stella Marshall, Jeter Nehmer, Ian DeJager

2nd Grade: Callie Swan, Aubrey Breitlow, Levi Grahn, Payton Knight, Holden Harvey, Rowen Herpel, Lila Dexter, Grace Meyer

3rd Grade: Kennedy Wegner, Bristol Biel, Murphy Ludowski, Shaelyn Welch, Scarlett Smedema, Jaxon Gove, Piper Lienke, Kynslee Igl, Hadlie Jahn, Ryan Nieman, Blake Kemink, Amina Peterson

4th Grade: Lily Summers, Monroe Hartl, Aubree Prochniak, Myles Westra, Autumn Pollesch, Sienna Mendoza, Ryder Westover, Bradley Cronin

5th Grade: Brynn Lienke, Kristyn Huenink, Graeme Van Beek, Zoe Kok, Beyonce Chavez-Tapia, Adler Alva-Fuertes, Teagan Igl, Matt Roach

Staff: Ms. Gorr, Mrs. Davidson, Mrs. Sadoski, Mrs. Gould

Congratulations to these students and staff; thank you for being positive role models!

2nd Quarter Honor Roll

High Honor Roll:

Seniors:

Sarah Budde, Kailey Buettner, Peyton Cupery, Nolan Drews, Caden Jahnke, Abigail Katsma, Allie Westover

Juniors:

Madalyn DeVries, Isabel Nieman, Kamber Pekarske, Haley Williams

Sophomores:

Emma Brodie, Reagan Drews, Stephanie Hoekstra, Nicholas Katsma, Mya Moldenhauer, Emilyn Reyes, Lucas Rodriguez, Katelyn Saeman, Jakob Schmucki, Leah VanderGalien

Freshmen:

Brandon Alva-Fuertes, Karlee Baugher, Gracyan Homan

Honor Roll:

Seniors:

Cassandra Alsum, Colton Alsum, Alexis Alva, Presley Buwalda, Owen Gould, Samuel Grieger, McKenzie Kennedy, Nathaniel Kok, Kaiden McNicol, Natalie Rodenkirch, Andrew Stephenson, Tyler Stiemsma, Brianna Wiersma

Juniors:

Savannah Duckett, Brandi Fuller, James Homan, Carter Nieman, Lucas Schneidervin, Josephine Spors

Sophomores:

Jonathan Alva, Katelyn Bobholz, Taylor Drzonek, Jake Dykstra, Deanna Feil, Macy Kohlbeck, Caleb Kok, Collin Moldenhauer, Jack Smedema, Faith Stiemsma

Freshmen:

Piper Alsum, Karly Baird, Ella Braker, Garrett Deakin, Elijah Herpel, Kaylee Jahnke, Riley Kennedy, Chloe Nickel, Tessa Sadoski, Owen Summers, David Vera

Honorable Mention:

Seniors:

Travis Alvin, Jared Bahr

Juniors:

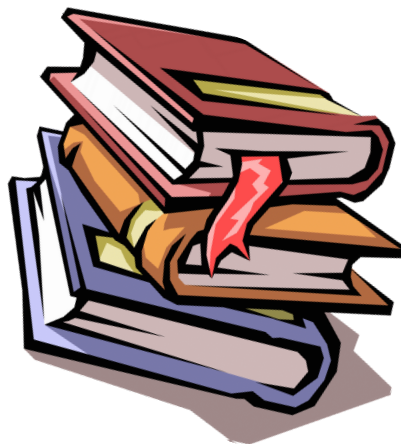
Jaden Cripe, Cody DeVries, Cole Kircher

Sophomores:

Jackson Sadoski, Daniel Stephenson, Kady White, Ashtyn Wiersma

Freshmen:

Veda Burbach, Nicholas Medema



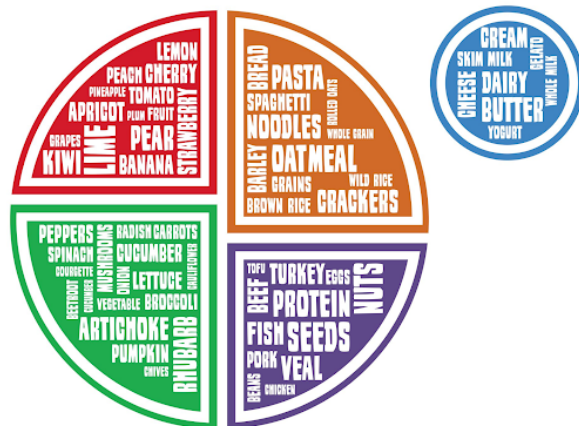
Nurse's News - March is National Nutrition Month

- Katie Breithlow, School RN

Good nutrition is key to good health. As parents, you can do a lot to help your children learn healthy eating habits and maintain a healthy weight. Involving them in meal preparation, cooking, and having fun can motivate them to try new foods and is a good way to spend time together as a family.

A healthy eating plan is one that:

- emphasizes fruits, vegetables, whole grains, and low-fat or fat-free dairy products,
- include protein such as lean meats, poultry, fish, beans, legumes, eggs, and nuts,
- is low in saturated fats, trans fats, cholesterol, sodium/salt, and added sugars,
- stays within your calorie needs,
- includes drinking enough water every day.



Focus on Healthy Food Choices - Choose the GO, SLOW, and WHOA foods:

GO FOODS - are the lowest in fats and added sugars. They are nutrient-dense with better sources of vitamins, minerals, and other nutrients important to health. Examples of GO foods are fruits, vegetables, whole grains, fat-free and low-fat milk products, lean meats, poultry, fish, beans, legumes, egg whites, or egg substitutes.

SLOW FOODS - are higher in fat, added sugar, and calories. SLOW foods include vegetables with added fat, white refined bread flour, low-fat mayonnaise, 2% low-fat milk products, peanut butter, pizza, baked chips, and mac n cheese. Have SLOW foods sometimes.

WHOA FOODS - are the highest in fat and sugar. They are calorie-dense foods and are low in vitamins, minerals, and other needed nutrients. Have WHOA foods once in a while, and when you do have them, have small portions. Examples of WHOA foods include whole-milk products, fried foods, bakery sweets, candy, soda, chips, sugary cereals, and creamy salad dressings.

Hungry for more? Check out these helpful links!! Bon Appetite

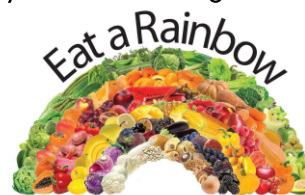
<https://www.myplate.gov/>

<https://www.fns.usda.gov/cnpp>

<https://www.nhlbi.nih.gov/health/educational/wecan/>

<https://www.eatright.org/food/resources/national-nutrition-month/toolkit>

<https://www.nhlbi.nih.gov/health/educational/wecan/downloads/urwhateat.pdf>



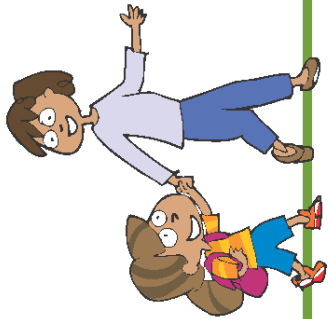
NOTICE OF UPDATE TO MASKING MANDATE ON SCHOOL BUSES

NOTICE



**FACE MASK
Not Required**

As a result of the CDC announcement made on February 25, 2022, Randolph School District will no longer require masks to be worn on buses or vans. Please contact the District Office if you have any questions or concerns regarding this change.



Phrases that **HELP** and **HINDER**



As the caregiver, you play the biggest role in your child's eating behavior. What you say has an impact on developing healthy eating habits. Negative phrases can easily be changed into positive, helpful ones!

Phrases that **HINDER**

INSTEAD OF ...

Eat that for me.

If you do not eat one more bite, I will be mad.

Phrases like these teach your child to eat for your approval and love. This can lead your child to have unhealthy behaviors, attitudes, and beliefs about food and about themselves.

INSTEAD OF ...

You're such a big girl; you finished all your peas.

Jenny, look at your sister. She ate all of her bananas.

You have to take one more bite before you leave the table.

Phrases like these teach your child to ignore fullness. It is better for kids to stop eating when full or satisfied than when all of the food has been eaten.

INSTEAD OF ...

See, that didn't taste so bad, did it?

This implies to your child that he or she was wrong to refuse the food. This can lead to unhealthy attitudes about food or self.

INSTEAD OF ...

No dessert until you eat your vegetables.

Stop crying and I will give you a cookie.

Offering some foods, like dessert, in reward for finishing others, like vegetables, makes some foods seem better than others. Getting a food treat when upset teaches your child to eat to feel better. This can lead to overeating.

Phrases that **HELP**

TRY ...

This is kiwi fruit; it's sweet like a strawberry.

These radishes are very crunchy!

Phrases like these help to point out the sensory qualities of food. They encourage your child to try new foods.

TRY ...

Is your stomach telling you that you're full?

Is your stomach still making its hungry growling noise?

Has your tummy had enough?

Phrases like these help your child to recognize when he or she is full. This can prevent overeating.

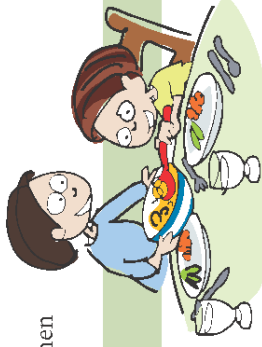
TRY ...

Do you like that?

Which one is your favorite?

Everybody likes different foods, don't they?

Phrases like these make your child feel like he or she is making the choices. It also shifts the focus toward the taste of food rather than who was right.



Middle/High School Counseling and CTE News

- Mrs. Amy Medema,, Middle/High School Counselor

The monthly Guidance Newsletter is also available online:

<https://www.rsdwi.org/schools/high/counseling.cfm>

Attention Seniors - Class of 2022:

Local Scholarships: DUE MARCH 16th

Other scholarships at the National/State/Regional Level can be found in your school email accounts. The links to each of these scholarships are in this email as well. Also, if you've been admitted to a campus or program please be sure to see what scholarships are available. Click here for [UW System Scholarships and deadlines](#).

FAFSA (Free Application for Federal Student Aid):

Financial Aid: Seniors & Parents of Seniors: an email went out on 9/16/21 regarding important information with FAFSA (Free Application for Federal Student Aid). Please check your email for a list of [Financial Aid Workshops](#) you can register for.

The 2022-2023 FAFSA application opened October 1, 2021.

ACT:

The ACT Exam was held on March 9, 2021. If you're interested in retaking the ACT - please visit the [ACT website](#) for testing sites and to register.

ACT Scores were emailed to each student's email address (the email address they put down when they registered with Mr. Kohn and Mr. Plahuta).

Please click here for [Free ACT Prep Events](#).

Youth Apprenticeship or School to Work:

Juniors and Seniors interested in applying for Youth Apprenticeship or School to Work next semester, please see Mrs. Medema for application materials.

[What is Youth Apprenticeship?](#)

Attention Juniors- Class of 2023:

ACT:

March 8th, 2022 is the Junior ACT Testing Day for RHS. More information will be given to you during your English 11 Class. Please check your school email everyday for the ACT Question of the Day that is sent to you.

Please click here for [Free ACT Prep Events](#)

Youth Apprenticeship or School to Work:

Juniors and Seniors interested in applying for Youth Apprenticeship or School to Work next semester, please see Mrs. Medema for application materials.

[What is Youth Apprenticeship?](#)

Attention All High School Students:

NCAA Eligibility Center:

Information was emailed to each high school student. If you're interested in registering and have questions, please see Mrs. Medema.

Parchment Transcript Requests:

Randolph High School transcripts are now available online. Please click on the link above for a tutorial on how to request your transcript online.

Skyward:

A reminder to all students to please check your Skyward account for missing assignments and current grades. Parents are able to access this information too. If you need assistance with username or password information, please contact the Randolph High School Office.

Dual Enrollment is due October 1st for the Spring semester and March 1st for the Fall semester.

2022-2023 Course Scheduling

Mrs. Medema was in your English classes February 15 & 16 to discuss scheduling courses for the 2022-2023 school year. Please see Mrs. Medema with any questions.

Senior/Junior Post-Secondary Interview:

A reminder to all Seniors and Juniors to please set up a time for your Senior/Junior Post-Secondary Interview. Parents are welcome to join us for these meetings via Zoom.

Family Resources:

[Columbia County Resource Directory](#)

[Dodge County Resource Directory](#)

[2-1-1 Mental Health Crisis Line Info](#)

[National Suicide Prevention Lifeline](#)

Call 800-273-TALK (8255)

Text HOPELINE to 741741

from anywhere, anytime, about any type of challenge or struggle.

Help and hope is just a text away.™

Job Opportunities for High School Students:

Work Permit Information for Students 14 and 15 Years Old:

https://drive.google.com/file/d/1pLzVZqwZ7PP7jMP9_-N8O7_D4MpR8lk/view?usp=sharing



CNA Opportunity:

CNA classes are available through Randolph Health Services. Please see Mrs. Medema for more information.

Randolph Health Services Dietary Nutritional Aide:

Randolph Health Services in Randolph is looking for students at least 16 years old to work afterschool in the Nutritional Dietary Aide position. Please see Mrs. Medema or contact Mrs. Shirley Schueler (email: cxj@hcsogops.com or phone: 920-326-3171) if interested in applying.

Randolph Health Services Housekeeping:

Randolph Health Services in Randolph is looking for students at least 16 years old to work every other weekend in Housekeeping (hours would be 7:00 a.m. - 12:00 noon every other weekend). Please see Mrs. Medema or contact Mrs. Betty Hoffman (phone: 920-326-3171) if interested in applying.

High School Dietary Aide:

Columbia Health Care Center in Wyocena. Interested applicants must be at least 16 years old. Please contact Lori Aldridge at Lori.Aldridge@co.columbia.wi.us to request an application.

Village of Randolph:

The Village of Randolph is looking for adult students or adults to work every day before and after school as a Crossing Guard. Please see Mr. Kohn or Mrs. Medema for more information.

Randolph School District:

Randolph School District is looking for students at least 16 years old to work every day after school in the maintenance department. Please see Mr. Landowski or Mrs. Medema for more information.

Jung's Seed Company:

Please see Mrs. Medema for application details.

Randolph Early Learning Center Assistant Childcare Teacher:

Please see Mrs. Dykstra if you are interested in applying.

Jen Ter Wire & Element Technologies:

Please apply through the website: www.jen-ter.com

Neogen/Hacco:

Employment opportunities located at 110 Hopkins Drive, Randolph. Please see Mr. Drews or Mrs. Medema for more information.

Subway, Randolph:

Interested applicants must be at least 16 years old. Please pick up an application in person at the Randolph Subway or contact Rhonda Pomerville to request an application.

Ms. Maddie's Counseling Corner

-Maddie Schulz, PreK-6 School Counselor

In February, kindergarten through fifth grade students were asked to consider the definition and importance of the word **self-discipline**. They had to brainstorm ways that they were going to think before they act and make good choices. Additionally, elementary guidance classes dove into their Career Exploration units. It has been so exciting seeing the children in upper elementary look through their portfolio folders and their projects from previous years, as well as seeing new and younger students add work into their folders for the first time! The purpose of these lessons is for K-5 students to think about their interests and skills, and explore the vast amounts of career opportunities that are possible for them. It is truly rewarding to see these Randolph scholars realize how much their future has in store for them!



Sixth graders have now completed their Second Step Curriculum by finishing up their final lessons in the Substance Abuse and Prevention Unit in February! They also are either done or almost done with finalizing their online Xello portfolio for the school year. The 4th and last Xello lesson caused the students to think about their time management skills and how they should divide their time between things they need to include in their schedule and things they want to do. Furthermore, students had to consider how improving their time management skills can lead to a more positive and successful career experience.



I wanted to take this time to inform Randolph families who are not already aware that, beginning in early March, I will be on maternity leave until the end of this school year. During my time away, my long term sub will be at school to assure that guidance classes continue. Elementary classes will cover the PBIS themes of honesty, sportsmanship, and perseverance. Sixth graders will participate in review activities that tie in important concepts they learned about in guidance class to language arts, social studies, health, science, or media literacy. If you have any questions or concerns you would like addressed before I begin my leave, please feel free to reach out! Thank you!

RSD Elementary Talent Show

Who: All families of RSD

What: Watch the elementary students share their amazing talents as we celebrate the diversity among us during Read Across America Week

When: Thursday, March 3, 2022 @ 2:00 p.m. and 6:30 p.m.

Where: Randolph School District Cafeteria

No admission fee.

Voluntary donations welcome.

Proceeds go to the RSD Fine Arts Programs.

High School Forensics Team - Practice Pays Off

-Brianna Miller, High School Forensics Advisor

Congratulations to the four high school Forensics team members who competed at the Trailways Conference meet on February 7th. Emilyn Reyes and Katelyn Saeman earned second place, and Kaylee Landaal and Sherlyn Abadio were awarded third! For the first in-person Forensics meet in almost two years, these students knocked it out of the park!

In addition, the entire high school Forensics team obtained high scores at the sub-district meet on February 28th. Kaylee Landaal, Alexyss Mund, Emilyn Reyes, Katelyn Saeman, and Sherlyn Gomez Perez all qualified for District. Good luck on your journey to state, ladies!



Join our Team

RSD is hiring for the following positions:

- Food Service Kitchen Aid
- Football - Assistant Varsity Coach
- Head 7th/8th Grade Middle School Football Coach
- Assistant 7th/8th Grade Middle School Football Coaches (3)
- Substitute Teachers
- Substitute Custodians
- Substitute Bus Drivers
- Substitute Kitchen Staff
- Substitute Special Ed Van Drivers

Visit <https://www.rsdwi.org/district/employment-opportunities.cfm> to learn more.

Celebrate Reading through our Diversity!

Read Across America Week Feb. 28-March 4, 2022

RES Dress Up Days and Change Wars



Dear Families,

Please help us celebrate our love of reading, love for our school, love for our community, and love for others as we celebrate the diversity among us through our literature, lives, and actions! Please send your spare change to raise money for the Randolph Teachers' Care Fund and to celebrate our school spirit. (All proceeds will be donated to help families within the Randolph School District.) Thank you for your support. Mrs. Sadoski

Monday, Feb. 28- **Show that you are compassionate to others!**

- Wear Red
- Bring Pennies

Tuesday, March 1- **Show that you are accepting of others!**

- Wear Green
- Bring Nickels

Wednesday, March 2- **Show that you have confidence in yourself!**

- Wear Orange
- Bring Dimes

Thursday, March 3- **Show that you are honest!**

- Wear Brown
- Bring Quarters



Reminder: RES Talent Show

2:00 and 6:30 p.m.

RSD Cafeteria

Friday, March 4- **Show that you are trustworthy!**

- Wear Blue
- Bring any change you can

PreK students spread some kindness by making Valentines for the residents at Randolph Health Services.





Set up a tour to visit our school!

(920) 326-2427

Randolph School District

"Cultivating Global Success through Academic Excellence & Small Town Values"



**High-quality education & co-curricular programming
for Pre-K - 12th grade.**

The Randolph School District and community are proud of the culture and commitment to our students with Wisconsin School Report Card high scores, National & State FFA success, and historic athletic excellence.

Open Enrollment Application Period:
February 7, 2022 - April 29, 2022

For more information and application materials, visit:
<https://dpi.wi.gov/open-enrollment>





Randolph High School Apparel 2022

You can now purchase your items online in 3 easy steps:

1. Scan the QR code or go online to <https://randolphrockets-22.itemorder.com/>
2. Choose your items and add them to your cart
3. Securely checkout with your credit card

Online Store Deadline: Monday April 11th, 2022 (7:59am CDT)

<p>Under Armour Men's Hustle Fleece Hoody</p>  <p>3 Colors \$46.00</p>	<p>Badger B-Core L/S Hood Tee</p>  <p>3 Colors \$22.00</p>	<p>BREAKOUT HOOD TEE</p>  <p>\$22.00</p>	<p>Russell Athletic Dri-Power® Fleece Hoodie</p>  <p>2 Colors \$34.00</p>	<p>Russell Athletic Dri-Power® Fleece Crew Sweatshirt</p>  <p>\$29.00</p>	<p>adidas Essentials Fleece 3-Stripes Full-Zip Hoodie</p>  <p>\$49.00</p>
<p>Under Armour Ua Ms Hustle Fleece Jogger</p>  <p>\$46.00</p>	<p>Under Armour Men's Locker Tee 2.0 Short Sleeve</p>  <p>2 Colors \$24.00</p>	<p>Port & Company Fan Favorite Tee</p>  <p>\$14.00</p>	<p>Port & Company Long Sleeve Fan Favorite Tee</p>  <p>\$19.00</p>	<p>Under Armour UA Men's Qualifier Fleece Anorak</p>  <p>\$64.00</p>	<p>adidas Adult Sideline 21 Long Sleeve 1/4 Zip Knit</p>  <p>2 Colors \$54.00</p>
<p>Carhartt Gilliam Vest</p>  <p>2 Colors \$79.00</p>	<p>Next Level Women's Ideal Colorblocked Racerback Tank</p>  <p>\$16.00</p>	<p>Augusta Sportswear Ladies Fanatic 2.0 Tee</p>  <p>\$21.00</p>	<p>Augusta Ladies Fanatic 2.0 Long Sleeve Tee</p>  <p>\$25.00</p>	<p>Augusta Sportswear Ladies Freedom Pullover</p>  <p>\$36.00</p>	<p>Holloway Ladies Deviate Vest</p>  <p>\$39.00</p>
<p>Holloway Ladies Artillery Angled Jacket</p>  <p>\$39.00</p>	<p>Holloway Ladies Artillery Sherpa Jacket</p>  <p>\$39.00</p>	<p>Holloway Ladies Artillery Sherpa Vest</p>  <p>\$39.00</p>	<p>Under Armour Womens Team Legacy Jacket</p>  <p>\$79.00</p>	<p>Augusta Sportswear Youth 60/40 Fleece Hoodie</p>  <p>2 Colors \$29.00</p>	<p>Holloway Youth 60/40 Fleece Jogger</p>  <p>\$34.00</p>
<p>Port & Company Youth Fan Favorite Tee</p>  <p>3 Colors \$14.00</p>	<p>Augusta Sportswear Youth Training Shorts With Pockets</p>  <p>\$22.00</p>	<p>Under Armour Unisex Hustle II Backpack</p>  <p>\$49.00</p>	<p>New Era Colorblock Cuffed Beanie</p>  <p>\$24.00</p>	<p>Holloway Ridge Headband</p>  <p>\$24.00</p>	



Randolph School District Fitness Center and Walking Hours

MS/HS Students (Supervised):

Monday – Friday3:30 p.m. – 6:00 p.m.

Community:

Monday – Friday4:00 a.m. – 7:00 a.m.
6:00 p.m. – 11:00 p.m.

Saturday – Sunday4:00 a.m. – 11:00 p.m.

During times of inclement weather and school/activity cancellations, the fitness center will also be closed and walking not be allowed.




Community members must have a completed Fitness Facility Agreement / Walking Agreement and COVID Wavier on-file prior to using the Fitness Center.

There is a \$20 deposit required prior to obtaining a fob, please contact the District Office to complete the required paperwork and to sign up for a fob.



**Randolph Public School
Breakfast Menu 2022**



Monday	Tuesday	Wednesday	Thursday	Friday
	1 Mini Cinnamon Rolls Mandarin Oranges Juice	2 Bacon Egg & Cheese Biscuit Pineapple Banana	3 UBR Cookie Fruit String Cheese	4 Banana Chocolate Chunk Benefit Bar Applesauce Juice
7 Oatmeal Chocolate Chip Benefit Bar Raisins Orange Juice	8 Pop Tarts Gogurt Peaches	9 Sausage Egg & Cheese Sandwich Applesauce Banana	10 Muffin Fruit Raisins String Cheese	11 Chocolate Filled Crescent Roll Applesauce Juice
14 Apple Strudel Peaches Raisins String Cheese	15 UBR Cookie Fruit String Cheese	16 Bacon Egg & Cheese Biscuit Pineapple Banana	17 Smoothie Banana Bread Peaches 	18 Mini Cinnamon Rolls Applesauce Juice
SPRING BREAK! MARCH 21-25				
28 Oatmeal Chocolate Chip Benefit Bar Raisins Orange Juice	29 Pop Tarts Gogurt Peaches	30 Sausage Egg & Cheese Sandwich Applesauce Banana	31 Muffin Fruit Raisins String Cheese	



**Randolph Public School
Lunch Menu 2022**



Monday	Tuesday	Wednesday	Thursday	Friday
	1 Chicken Alfredo Steamed Broccoli Breadstick Pears <i>K-5 Alt Bagel Bite Bistro Box</i>	2 Orange Chicken Fried Rice w/ Mixed Veggies Mandarin Oranges Fortune Cookie <i>K-5 Alt Flatbread Pizza Bistro Box</i>	3 BBQ Pulled Pork Sandwich French Fries Cole Slaw Grapes <i>K-5 Alt Soft Pretzel & Cheese Bistro Box</i>	4 Chicken Fajita Bowls/Chicken Tacos (K-5) Fajita Veggies Brown Rice Pears <i>K-5 Alt Classic Deli Turkey & Cheese Bistro Box</i>
7 Calzones Green Beans Pineapple <i>K-5 Alt Classic Ham & Cheese Bistro Box</i>	8 BYO Burgers Baked Beans French Fries Pears <i>K-5 Alt Bagel Bite Bistro Box</i>	9 Chicken Nuggets Mashed Potatoes Corn Applesauce <i>K-5 Alt Flatbread Pizza Bistro Box</i>	10 BBQ Boneless Wings French Fries Celery Sticks Orange Wedges <i>K-5 Alt Soft Pretzel & Cheese Bistro Box</i>	11 Beef & Chicken Tacos Refried Beans Shredded Cheese Salsa Pears <i>K-5 Alt Classic Deli Turkey & Cheese Bistro Box</i>
14 Mini Corn Dogs Mixed Veggies Pears <i>K-5 Alt Classic Ham & Cheese Bistro Box</i>	15 Lasagna Salad Breadstick Pineapple <i>K-5 Alt Bagel Bite Bistro Box</i>	16 French Toast Sticks Fresh Broccoli Applesauce <i>K-5 Alt Flatbread Pizza Bistro Box</i>	17 Chicken Patties Cheesy Broccoli Green Grapes <i>K-5 Alt Soft Pretzel & Cheese Bistro Box</i> Mint Chocolate Chip Ice Cream 🍀	18 Walking Tacos Refried Beans Salsa Cheese Sauce Mandarin Oranges <i>K-5 Alt Classic Deli Turkey & Cheese Bistro Box</i>

SPRING BREAK!
MARCH 21-25

28 Pepperoni Cheesy Bread or Cheesy Garlic Bread Pizza Sauce Pineapple <i>K-5 Alt Classic Ham & Cheese Bistro Box</i>	29 BBQ Boneless Wings French Fries Celery Sticks Orange Wedges <i>K-5 Alt Bagel Bite Bistro Box</i>	30 Chicken Alfredo Corn Salad Breadstick <i>K-5 Alt Flatbread Pizza Bistro Box</i>	31 Mac 'n' Cheese Lil' Smokies Steamed Broccoli Grapes <i>K-5 Alt Soft Pretzel & Cheese Bistro Box</i>	
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Additional Lunch Meal Options Offered Daily

<p style="text-align: center;">Self-Serve Salad Bar</p> <p>Students and staff may choose from a variety of fruits and vegetables to complete their meals. <i>Apples, bananas, & baby carrots available daily.</i></p>	<p style="text-align: center;">Grab'n'Go Meals</p> <p>Students and staff may choose between ready-made salads, wraps, or bistro boxes.</p>	<p style="text-align: center;">Beverages</p> <p>Students and staff may choose between 1%, chocolate, or lactose-free milk.</p>
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Grab'n'Go Meal Options

Monday	Tuesday	Wednesday	Thursday	Friday
<p>Crispy Chicken Salad <i>Lettuce, popcorn chicken, shredded carrots, cucumber slices, cherry tomatoes, dressing of choice, chips & fruit</i></p> <p>Crispy Chicken Wrap <i>Popcorn chicken, lettuce, tomato, cucumbers, shredded carrots, dressing of choice, chips & fruit</i></p> <p>Classic Ham & Cheese Bistro Box <i>Ham slices, string cheese, crackers, fresh broccoli, applesauce cup</i></p>	<p>Chef Salad <i>Lettuce, ham, shredded cheese, hard boiled eggs, cherry tomatoes, choice of dressing, chips & fruit</i></p> <p>Club Wrap <i>Turkey, ham, bacon, lettuce, American cheese, cucumber slices, dressing of choice, chips & fruit</i></p> <p>Bagel Bite Bistro Box <i>2 mini bagels, cream cheese, trail mix, baby carrots, cucumbers</i></p>	<p>Chicken Caesar Salad <i>Lettuce, grilled chicken, parmesan cheese, croutons, Caesar dressing, chips & fruit</i></p> <p>Chicken Caesar Wrap <i>Grilled chicken, parmesan cheese, lettuce, caesar dressing, chips & fruit</i></p> <p>Flatbread Pizza Bistro Box <i>Flatbread, pepperoni slices, pizza sauce, mozzarella cheese, baby carrots, celery sticks</i></p>	<p>Crispy Chicken Salad <i>Lettuce, popcorn chicken, shredded carrots, cucumber slices, cherry tomatoes, dressing of choice, chips & fruit</i></p> <p>Crispy Chicken Wrap <i>Popcorn chicken, lettuce, tomato, cucumbers, shredded carrots, dressing of choice, chips & fruit</i></p> <p>Soft Pretzel w/ Cheese Bistro Box <i>Soft pretzel, nacho cheese cup, trail mix, fresh broccoli, cherry tomatoes</i></p>	<p>Taco Salad <i>Lettuce, taco meat, shredded cheese, tomatoes, sour cream, chips & fruit</i></p> <p>BLT Wrap <i>Bacon, lettuce, tomato slices, dressing of choice, chips & fruit</i></p> <p>Classic Deli Turkey Bistro Box <i>Turkey slices, string cheese, crackers, pea pods, applesauce cup</i></p>

This institution is an equal opportunity provider and employer.

Menus are subject to change without notice.



RANDOLPH SCHOOL DISTRICT

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