

RANDOLPH ROCKET March 2021



Dates to Remember:

Parent Teacher Conferences Thursday, March 4, 2021

End of 3rd Quarter

Wednesday, March 24, 2021

NO SCHOOL - SPRING BREAK March 29 - April 2, 2021 The Randolph Rocket is published by the Randolph School District for the purpose of informing district residents about issues, challenges, and successes of the students and staff of the district.

Randolph School District Website: www.rsdwi.org
110 Meadowood Drive Phone: 920/326-2427
Randolph, WI 53956 Fax: 920/326-2439

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The Randolph School District is committed to the policy that all persons shall have equal access to its programs, facilities, and employment without discrimination on the basis of age, sex, race, national origin, ancestry, creed, pregnancy, marital or parental status, veteran status, sexual orientation, or physical, mental, emotional, or learning disability or handicap in its education programs or activities. Federal law prohibits discrimination on the basis of age, race, color, national origin, sex, reliation or handicap.

RANDOLPH Board of Education Information

Mr. Keith Medema, President

Mr. Gary DeVries, Vice President Mr. Wayne Vanderploeg, Treasurer

Mrs. Amanda Meyer, Clerk

Mr. Ty Breitlow, District Administrator

Mrs. Laurie Boomsma, Member Mr. Allen Drews, Member Mr. Keith Gundlach, Member

Regular School Board Meetings are usually held on the third Monday of the month in the High School Library at 6:30 p.m. Agendas for these meetings are posted at the Randolph Village Hall, National Exchange Bank in Randolph, Randolph Hometown Pharmacy, and the Randolph District Office School Entrance.

Randolph Middle/High School - Mr. Andy Kohn

Dear Rocket Families,

We will be hosting a Youth Wellness Night for our 4k-12th grade families on Tuesday, February 23, 2021, at 7:00 pm in the gymnasium. Information about mental and physical health and wellbeing will be shared by our school counselors, school psychologist, school nurse, community therapist, as well as our health and fitness teacher. Topics on depression, anxiety, parent tips, referrals, and resources, as well as Wisconsin DOJ's Speak Up Speak Out program. If you would like to attend the Youth Wellness Night, RSVP by calling one of our school offices by the end of day on Monday, February 22, 2021. It will also be available via live stream and will be posted on our website under Activities - Live Stream Events.



Speak Up Speak Out is a "comprehensive, one-stop place to turn with important concerns, offering a Threat Reporting System, Threat Assessment Consultation, Critical Incident Response, and a General School Safety Guidance." Please use this link to learn more. https://speakup.widoj.gov/about If you have any questions about this program, please contact Mr. Kohn or Mr. Propson at (920) 326-2425.

We are working on the logistics of offering our Juniors and Seniors a Prom this year. The tentative schedule is for Saturday, May 1, 2021. More information to come.





Graduation is set for Saturday, May 29, 2021, at 1:00 pm on our school grounds. More information will be provided as we approach that date and can determine the proper safety procedures needed at that time.

Thank you for your continued support and commitment to your child's education.

Mr. Kohn Middle/High School Principal



Summer School 2021



Are you already looking forward to summer and planning for your children going into kindergarten through fifth grade? From June 7-18, 2021, from 8:00 a.m. to 12:00 p.m. we will be offering enrichment classes from Legos to Escape Rooms and cooking to golf! There is something for everyone.

Jumpstart Summer School is August 2-13, 2021, from 8:00 a.m. to 12:00 p.m. where we will offer Jumpstart reading, writing, and math for students entering grades 4K- grade 8. This two-week session is designed to help students transition from summer back into the routines of school. By taking this course, students can minimize the loss of reading, writing, and math skills that happen during the summer months. Additionally, in August, we will be offering some afternoon enrichment opportunities for students entering grades 4K-8.

Of course, there will be opportunities for additional summer activities outside of those dates including RACE fitness classes and sports camps for students in the upper grades.

Look for the Summer School booklet which will come home with students by mid-April.









Open Enrollment for 2021-2022

February 1 - April 30, 2021

IT'S HERE AND IT'S FREE

MS/HS BREAKFAST CART

Parents interested in open enrolling their children into the Randolph School District, or any Wisconsin school district, may apply from February 1, 2021, until 4:00 p.m. on April 30, 2021.

• On-line at http://dpi.wi.gov/oe.

Please call the district office at (920) 326-2427, ext. 1103, to answer any Open Enrollment questions you may have or you may view this link to 2021-2022 Open Enrollment Brochure.

https://dpi.wi.gov/sites/default/files/imce/open-enrollment/oe-brochure-alt-app-procedures-2020.pdf

Fast Facts About School Breakfast

School breakfast provides a healthy and energizing start to the day for students.

Studies show that students who eat school breakfast are more likely to:

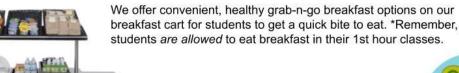
Reach higher levels of achievement in reading and math
Score higher on standardized tests
Have better concentration and memory
Be more alert
Maintain a healthy weight

We serve roughly 1,520 breakfasts each month to our students!

School breakfast (and lunch) is



for all students until June 2021



Happy National School Breakfast Week! March 8-12, 2021 #NSBW21



FOOD SERVICE WORKERS - WHAT'S YOUR SUPPERPOWER!

In Need of Food Service Aides - Substitutes



Make a difference in our students' day! Randolph School is looking for friendly Food Service Aides - Substitutes to prepare meals and serve to our students. They will perform food preparation such as fruits and vegetables, washing dishes, and cleaning and sanitizing the kitchen. If interested please contact Sara Flitter flitters@rsdwi.org

920-326-2427 ext. 1112. Fill out Support Staff application

http://www.rsdwi.org/district/Employment%20application%20Support%20Staff%20-%20Final%20Draft%20Fillable%20PDF.pdf

100th Day of School

The first graders celebrated the 100th day of school on February 12th. It was an exciting day because it was also the day for their Valentine's Party.

The first graders in Mrs. Kercher's class wrote what they would be doing when they are 100 years old and drew a picture to match. They did 100 exercises to a video to get their hearts pumping. They had to see how many licks it would take to get to the center of a blow pop. Most got to 300 and they still were not to the center. They had to search for chocolate kisses that had the numbers 1-100 on them and put them on the correct spot on the 100th chart.

Mrs. Parks' class had to build something out of 100 cups. They played a fun Kahoot game about a story they read, they played the game Race to 100 and did 100 day puzzles.



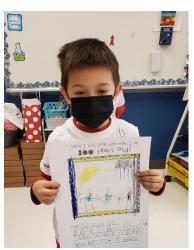


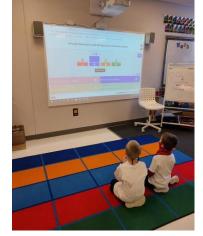












NOTICE OF ELECTION OF SCHOOL BOARD MEMBERS

(S. 120.06(8)(c), Wis. Stats.)

Notice is hereby given to the qualified electors of the Randolph School District that on Tuesday, April 6, 2021, an election of school board members will be held. Candidates for the school board are as follows:

Vote for not more than two:

Barbara Braker _____ Gary DeVries _____ Tim Meyer _____ Steve Rodriguez _____

Electors will vote in their regular polling places:

• Village of Randolph (East & West Wards)

• Township of Fox Lake

• Township of Westford

• Township of Calamus

• Township of Randolph

• Township of Courtland

• Township of Fountain Prairie

Randolph Municipal Building, 248 West Stroud Street, Randolph Fox Lake Town Hall, W10543 County Highway F, Fox Lake Westford Town Hall, W11101 County Highway G, Beaver Dam Calamus Town Hall, W9820 County Highway D, Beaver Dam Randolph Town Hall, 109 South Madison St., Friesland Courtland Town Hall, W1999 County Highway A, Randolph

Fountain Prairie Town Hall, W1514 County Highway Z, Fall River

Polls will be open at 7 o'clock a.m. and close at 8 o'clock p.m.

Dated this 7th day of January, 2021

Amanda Meyer, School District Clerk, Randolph School District

















PTO Scrip Gift Cards - Supporting Randolph PTO

The Randolph PTO has lots of Scrip Gift Cards on hand. Purchase gift cards to use for your everyday shopping or for gifts at cost and a percentage of each sale is donated to the PTO. Scrip is fundraising while you shop. For a complete list of business and amounts available contact Julie Bahr at ptor@rsdwi.org.

Amazon, Bath and Body, Burger King, Dairy Queen, Denise's Café, Fleet Farm, Kohl's, Kwik Trip, LeRoy Meat's, Menards, Piggly Wiggly, Pizza Hut, Shell, Starbucks, Subway, T's Cup, Taco Bell, Target, and Walmart.

PTO meetings are held the 4th Tuesday of the month via Google Meet.



Randolph School Apparel 2021



Check out more items at the FULL store online!

Ordering period will end on Monday, March 22, 2021. Delivery will be approximately April 19, 2021.

- There is no shipping charge
- There is no minimum order
- There is a section for Adult, Youth, Ladies and Accessories
- Orders will be delivered to school offices
- Styles, logos and colors of apparel will change over time

The store can be accessed by scanning the QR code.

The web address for the store is: https://randolphrockets-21.itemorder.com/sale



Questions? John Viles 608-274-1353 johnv@bsgsports.com http://bsgsports.com As we continue to adjust to the many changes and challenges that are among us, it is easy to get out of our day-to-day routines. It is also easy to slip out of normal, healthy sleeping habits. Sleep is more important than you think! Your brain as well as your body needs sleep! I'm sure most of us can think back to a time that we did not get enough sleep. That heavy "groggy" feeling is awful and if you feel this way, you are not allowing your body and mind to perform at its best- whether it relates to work, school, sports, relationships, immune system response, mood, and much more.

WHY YOU NEED SLEEP

Sleep is essential at all ages. It powers the mind, restores the body, and fortifies virtually every system in the body. The average kid has a busy day and your body needs a break. Sleep is like giving your body a tiny vacation. Getting a good night's sleep helps your body grow and helps your immune system recharge nightly. Your immune system helps to keep you healthy so you can fight off flu and cold-like viruses (which is kind of important right now).

HOW MUCH SLEEP IS RECOMMENDED?

Deciding how much sleep you need means considering your overall health, daily activities, and typical sleep patterns as the ideal amount can vary from person to person. Use the chart below as a guideline for the recommended amount of sleep your student should receive.

How to Catch Your ZZzzs

Sleep Awareness Week is March 14-20th and I would like to share some tips on how to better catch your sleep.

- Try to go to bed at the same time every night. This is especially important now with COVID and cold/flu season amongst
 us.
- Follow a relaxing pre-bed routine, such as taking a bath, reading a book, or listening to music.
- Minimize potential disruptions from light and sound while optimizing your bedroom temperature and aroma.
- Limit foods and drinks that contain caffeine in the hours before bed.
- Do not have a TV in your room. If you have one, turn it off when it is time to sleep.
- Do not watch scary shows or movies close to bedtime as these can sometimes make it hard to fall asleep.
- Do not exercise right before bed. Exercise is important and helps you sleep better, but exercise earlier in the day.
- Disconnect from electronic devices like phones and laptops for a half-hour or more before bed. It is important to give your eyes and brain a break from the increased screen time, especially now during periods of virtual learning.
- Set an alarm to get you up at the same time daily. Give yourself enough time to get dressed and eat before the start of your day.

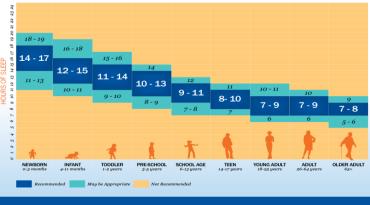
If you or your student is having trouble sleeping for several days in a row or have concerns about sleep patterns, please reach out. For more information regarding sleep go to https://www.sleepfoundation.org/

Yours in health,

Katie Breitlow, RN Randolph School District Nurse

THE IMPORTANCE OF SLEEP IS IMPORTANT FOR RECOVERY THE NIGHT AFTER YOU EXERCISE, OHERWISE YOUR BODY WON'T HAVE TIME TO HEAL! STUDES SHOW THAT FOR HEAL STEEP CAN A LACK OF SLEEP CAN CAUSE SICKNESS IN MANY DIFFERENT FORMS, MANY DIFFERENT FORMS, TO SLEEP CAN DOWN WHO DIDN'T SHOW BY RECOVED A FULL MINING STORE BUT OF SLEEP CAN CAUSE SICKNESS IN MANY DIFFERENT FORMS, TO SLEEP CAN STUDES SHOW THAT FORM STORE STUDES SHOW THAT FORM SHOULD DIDN'T SHOW BY RECOVED A FULL MINING SLEEP CAN CAUSE SICKNESS IN MANY DIFFERENT FORMS, TO SLEEP SILDES SHOW THAT FORMS STUDES SHOW TH

SLEEP DURATION RECOMMENDATIONS



SLEEPFOUNDATION.ORG | SLEEP.ORG

rshkowitz M, The National Sleep Foundation's sleep time duration recommendations: methodology and results summary, Sleep Health (2015), http://dx.doi.org/10.1016/j.sleb.2014.12.010

High School Counseling Corner - Amy Medema



Mrs. Medema has announcements and high school student resources in her monthly Newsletter. https://docs.google.com/document/d/1coFWB7XvC0iLrkYyGf2DRK_J-BGKA3MwAPOM6RJ2vuU/edit?usp=sharing Website: https://www.rsdwi.org/schools/high/counseling.cfm

WHAT'S INSIDE:

- Scholarship Information
- 2021-2022 Course Information
- Junior's ACT Exam
- Financial Aid FASA
- Skyward Grade Check
- Student Job Opportunities
- Family Resources

- Early College Credit Program or Start College Now
- Senior/Junior Post-Secondary Interview
- NCAA Eligibility Center
- Parchment Transcript Requests
- Freshman Virtual Orientation
 - Class of 2025 (This year's 8th Graders)
- U.W. Campuses Newsletter

Scan with your camera for quick access.



Did You Know.... Randolph School District Has an App!

Go to the Google Play Store or the Mac OS App Store to search "Randolph School District" from your phone to download the app to get Up-To-Date news and announcements.



Randolph School District

AIS Developers, LLC Education







We Are On Facebook and Twitter, Don't Miss Out!



Randolph School District Randolph High School Athletics Randolph PTO



@RocketsRSD @RocketsRandolph

For the most updated event schedules visit the Randolph School District website under the District Tab, then Calendars. https://www.rsdwi.org/district/calendar.cfm





Randolph Public School 2021 Breakfast Menu



Monday	Tuesday	Wednesday	Thursday	Friday
Cereal Bar or Pop Tart String Cheese Juice Peaches	UBR Breakfast Cookie or Cereal Bowl String Cheese Flavored Applesauce Juice	Chocolate or Banana Bread or Cereal Bowl Banana	4 Cinnamon Roll or Cereal Bowl Mixed Berry Cup Applesauce	5 Egg & Cheese Sandwich or Cereal Bowl Banana
Grape/Chocolate Filled Crescent Roll or Cereal Bowl Juice Peaches	GCocoa Puff Filled Breakfast Bar or Cereal Bowl Raisins Applesauce Cup	10 Mini Donuts or Cereal Bowl Yogurt Cup Banana	Sausage Egg Croissant or Cereal Bowl Juice Mixed Berry Cup	Muffin Top or Cereal Bowl String Cheese Banana
Cereal Bar or Pop Tart String Cheese Juice Peaches	UBR Breakfast Cookie or Cereal Bowl String Cheese Flavored Applesauce Juice	Apple or Cherry Frudel or Cereal Bowl Banana	18 Cinnamon Roll or Cereal Bowl Mixed Berry Cup Applesauce	19 Egg & Cheese Sandwich or Cereal Bowl Banana
Mini Bagels with Cream Cheese or Cereal Bowl Juice Peaches	Cinnamon Toast Crunch Filled Breakfast Bar or Cereal Bowl Raisins Applesauce Cup	24 Mini Donuts or Cereal Bowl Yogurt Cup Banana	25 Sausage Egg Croissant or Cereal Bowl Juice Mixed Berry Cup	26 Muffin Top or Cereal Bowl String Cheese Banana

Mar 29- Apr 2



*Offered Daily: 1%, Skim, and Chocolate Milk *Menus are subject to change without notice

*This institution is an equal opportunity provider and employer





Randolph Public School 2021 Lunch Menu



Monday	Tuesday	Wednesday	Thursday	Friday
Cheese or Pepperoni Stuffed Crust Pizza Baby Carrots Pineapple Applesauce ALT: PB&J	Taco Tuesday Salsa Lettuce Refried Beans Mandarin Oranges ALT: Ham & Cheese Sandwich	Mac'n'Cheese Pretzel Bites Apple Steamed Broccoli ALT: Hamburger	Cheesy Baked Ziti Pepper Strips Steamed Broccoli Spiced Apples Parmesan Cheese ALT: Turkey & Cheese Sandwich	5 Build Your Own Burger Baked Beans French Fries Banana ALT: Fish Sandwich
8 Tater Tot Casserole Peas/Carrots Birthday Cake Graham Crackers Grapes ALT: PB&J	Hot Dog Baked Beans Potato Salad Peaches ALT: Ham & Cheese Sandwich	Chicken Nuggets Smiley Fries Corn Pears ALT: Hamburger	Pizza Dippers Pizza Sauce Cucumbers Pineapple ALT: Turkey & Cheese Sandwich	Ham & Cheese Croissant Baby Carrots Banana Applesauce ALT: Fish Sandwich
Cheese or Pepperoni Stuffed Crust Pizza Baby Carrots Pineapple Applesauce ALT: PB&J	16 Nachos Bel Grande Salsa Lettuce Refried Beans Orange Slices ALT: Ham & Cheese Sandwich	Mac'n'Cheese Pretzel Bites Apple Steamed Broccoli Sidekick Fruit Slushie ALT: Hamburger	Cheesy Baked Ziti Pepper Strips Steamed Broccoli Spiced Apples Parmesan Cheese ALT: Turkey & Cheese Sandwich	French Toast Sticks Sausage Links Yogurt & Granola Mixed Berry Cup Baby Carrots ALT: Fish Sandwich
Chicken & Gravy Mashed Potatoes Corn Dinner Roll Grapes ALT: PB&J	Hot Dog Baked Beans Potato Salad Peaches ALT: Ham & Cheese Sandwich	24 REMS: Cheese Quesadilla RHS: Chicken Quesadilla Fresh Broccoli Salsa Pears ALT: Hamburger	Pizza Dippers Pizza Sauce Cucumbers Pineapple ALT: Turkey & Cheese Sandwich	26 Mini Corn Dogs Baby Carrots Banana Applesauce ALT: Fish Sandwich
		Mar 29- Apr 2		,







REMS Alternate Main Entree

Monday: Bologna Sandwich Tuesday: Ham Sandwich

Wednesday: Cheese Sandwich & Yogurt Cup

Thursday: Turkey Sandwich

Friday: Peanut Butter & Jelly Uncrustable & String Cheese

*The **bold text** is the main entree offered to all students

*Offered Daily: 1%, Skim, and Chocolate Milk *ALT menu items for high school students only

*This institution is an equal opportunity provider and employer

*Menus are subject to change without notice















RANDOLPH SCHOOL DISTRICT

We can make a difference in your child's education, and we are delighted that you are considering Randolph School District for your family's education. We understand the greatness of this decision for the most precious people in your life; your children.

Randolph prides itself in providing a high-quality education and co-curricular programing for children in grade PK-12. From our high scores on the Wisconsin School Report Card to our continued successes in State and National FFA to our history of athletic excellence, all speak volumes about the pride and culture of our school district and community.

Our Wisconsin School Report Card score has consistently placed us as one of the top-performing school districts in the area. The Randolph students, staff, and administrative team have worked very hard to "exceed expectations" in post-secondary readiness, closing achievement gaps, and district growth. Call now for a tour to come see for yourself!

Ty Breitlow, District Administrator Randolph School District 110 Meadowood Drive Randolph, WI 53956 (920) 326-2427 www.rsdwi.org

Open Enrollment February 1 - April 30, 2021

For more information and application materials: <u>https://dpi.wi.gov/open-enrollment</u>



"We started the school year with some apprehension about our transition from a small, private school into Randolph Schools. The staff of Randolph School District has surpassed our expectations and welcomed us as part of the community. They have been very responsive to our needs as a new family, and have demonstrated their commitment to education. Our children have adjusted well and are engaged in their education. We are very pleased with our transition." ~ PARENTS OF RECENTLY ENROLLED STUDENTS